

**CEDARWOOD**  
KEEPIN' IT REAL SINCE 1984

cedarwood-yfc.com



# **MMS**

## **Student/Parent**

# **Information Package**

**Camp Cedarwood Retreat**  
**February 8-10th**

**Parent Meeting:**  
**Thursday January 19th**  
**5:30 pm**  
**@ MMS in the Music Room**

# Camp Cedarwood

61 Strong Rd, Lac du Bonnet, MB R0E 1A0  
204-345-8529

February 8-10, 2017

We are about to embark on our tenth annual MMS Camp Cedarwood Retreat!

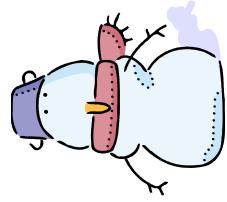
As your supervisors, we look forward to spending a wonderful time with you in a pleasant outdoor setting.

We trust you will have fun planning for the retreat and will come with a positive attitude to learn about yourself, your relationships with others, and respect for all.

The cost is \$110 per student (subtract QSP sales from individual student accounts). Cheques payable to MMS. Please bring cheque and completed Parent/Gaurdian waiver form to parent meeting on January 19th.

Sincerely,

Mr. Darren Martens  
Mr. Carlton Reimer  
Mrs. Venessa Hildebrand  
Mr. Bud Penner



# Winter



Please pack sufficient clothes for the camper's entire stay at camp (Wednesday, Thursday & Friday). There is no laundry facility available.

Also, be aware of our wonderful winter weather temperatures—where winter days in February have ranged from  $-40^{\circ}\text{C}$  (or colder!) to  $-3^{\circ}\text{!!}$

Continue to check the 5 day weather forecast—especially as the camp date draws closer, to ensure that your child has packed the appropriate clothing.

## DO NOT BRING:

- Cigarettes
- Alcohol
- Non-prescription drugs of any kind
- Cell phone/iPod/electronics

**\*\*CEDARWOOD IS A PEANUT FREE CAMP!**

Any valuables are brought at **student's own risk.**

All lost and found articles not claimed within 2 weeks of returning to Mitchell Middle School will be taken to the MCC Thrift Store in

## CAMP CEDARWOOD WINTER PACKING LIST!

ARTICLES SHOULD BE CLEARLY LABELED	Packed at	
	Home	Camp
Sleeping bag or bed roll		
Pillow		
Warm winter boots		
Warm jacket / ski pants		
Scarf, toque, 2 pairs of warm mitts		
Long sleeved shirts and T-shirts		
Sweatshirts		
Underclothing (including long underwear)		
Socks (several pairs)		
Indoor footwear (runners or slippers)		
Pajamas		
Bath Towel (for showering) and face towel		
Toiletries (shampoo/conditioner, toothbrush, toothpaste, deodorant)		
Brush and comb		
Option: camera		

**NOTE:** Students are limited to 2 pieces of baggage:

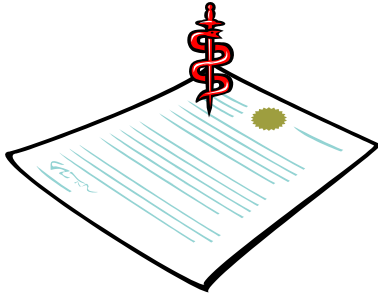
- bedroll (sleeping bag/pillow) and
- personal belongings.

# Itinerary

<b>Wednesday</b>	9:30	Leave MMS
	11:30	Arrive at Cedarwood - Orientation
	12:30	Lunch - Clean Up
	1:45	Tube Sliding/Skating/Broom Ball
	3:00	Activity #1
	4:30	Rest & Indoor Rec Time
	5:30	Supper - Clean Up
	7:00	Sleigh Ride & Rec Time
	9:00	Snack
	10:00	To Your Floors
	10:30	To Your Rooms
	11:00	Lights Out
	<b>Thursday</b>	7:30
7:45		ROE's (optional)
8:30		Breakfast - Clean Up
10:00		Activity # 2
11:30		Rest & Rec Time
12:00		Lunch - Clean Up
1:25		Group Picture
1:30		Activity # 3
3:00		Activity # 4
4:30		Rest & Rec Time
5:30		Supper - Clean Up
6:45		Indoor/Outdoor Rec, Games
8:00		Snack
8:30	Movie	
10:00	To Your Floors	
10:30	To Your Rooms	
11:00	Lights Out	
<b>Friday</b>	7:30	Wake Up
	7:45	ROE's (optional)
	8:30	Breakfast
	9:00	Clean Up & Start Packing
	9:45	Choose Favorite Activity #5
	11:15	Finish Cleaning & Packing
	12:00	Lunch - Clean Up
	12:30	Wrap Up & Pack Up
	12:45	Leave Cedarwood
	2:45	Arrive back at MMS (Be prepared to pick up your child)

# map to cedar-wood

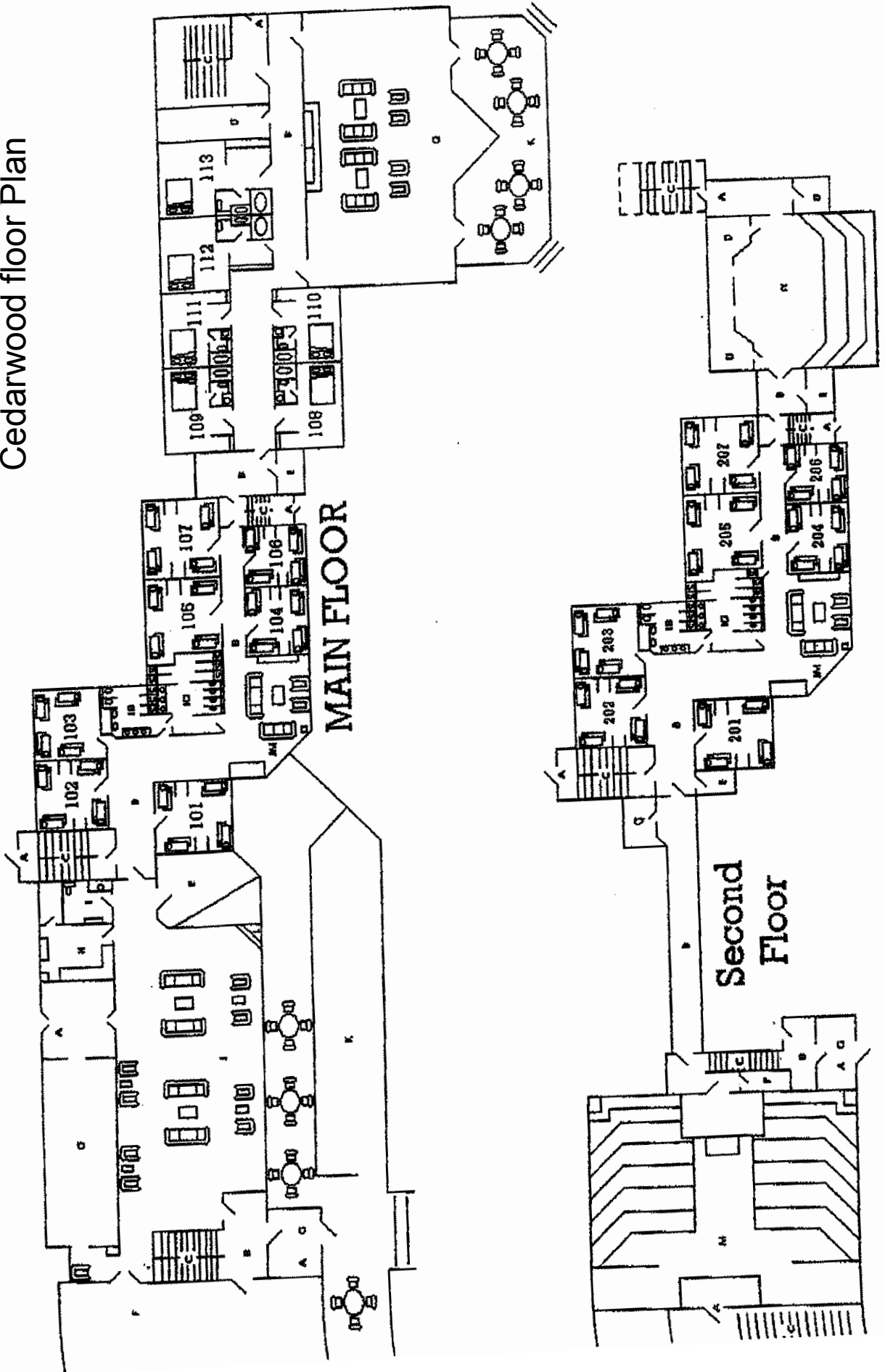


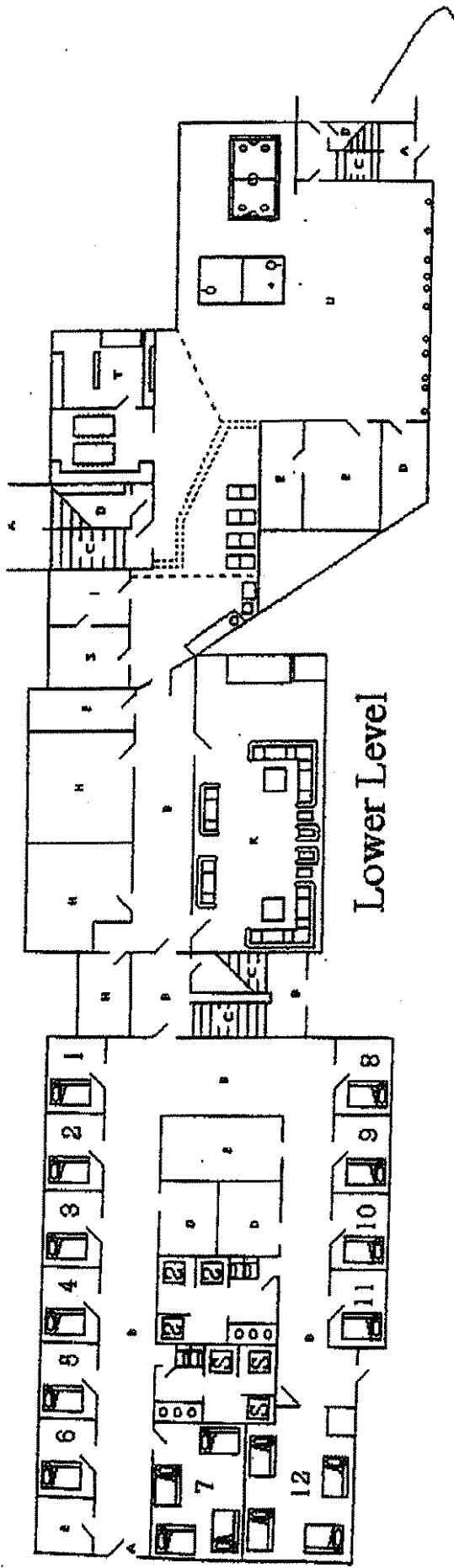


# Camp Cedarwood Policies

1. When arriving on site, please park only in the designated areas. Students are to stay out of the parking lot area.
2. No outdoor footwear inside the lodge. Students are welcome to bring indoor footwear.
3. Students are to remember to bring bedding. Bedding, pillows, and towels are NOT provided by the camp.
4. Meal times will be as follows:
  - Breakfast: 8:30 a.m.
  - Lunch: 12:00 noon
  - Supper: 5:30 p.m.
  - Snack: 9:00 p.m.
5. 3 students will be asked after each meal to assist with dishes and 2 people to vacuum the eating area.
6. Quiet time/ lights out begins at 11:00 p.m. each night. This will be enforced!
7. Students are restricted to their own designated areas throughout their stay.
8. Under no circumstances should students enter the privacy of another gender's designated bedroom area.
9. Camp Cedarwood will provide an on-site host throughout the stay.
10. At the end of the group's stay at Cedarwood it is the group's responsibility to clean and vacuum all bedrooms and meeting areas used by the group.

# Cedarwood floor Plan





LOWER LEVEL

- A.) Emergency Exits
- B.) Hallways
- C.) Stairwells
- D.) Storage
- E.) Maintenance Rooms
- F.) Dining Room
- G.) Boot Drop
- H.) Offices
- I.) Washrooms
- IG.) Girls Washroom
- JM.) Mini Lounge
- L.) Fire Places
- N.) Theatre B
- B.) Hallways
- D.) Storage
- F.) Dining Room
- H.) Offices
- IB.) Boy's Washrooms
- J.) Main Lounge
- K.) Decks
- M.) Theatre A
- O.) Theatre C
- P.) Sound Room
- Q.) Prop Room
- R.) Staff Lounge
- S.) Nurse's Lounge
- T.) Canteen
- U.) Recreation Room A
- V.) Recreation Room B
- W.) Recreation Room C



## Cedarwood Outdoor Education Camp February 8, 9 & 10 2017

Mitchell Middle School is arranging a *Winter Camp 2017 Experience* at Cedarwood Camp.

THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT.

### ELEMENTS OF RISK:

Educational outdoor activity programs, which would include activities such as broomball, sliding/tubing, cross country skiing, snowshoeing, wall climbing, and fire building, which are being offered, involve certain elements of risk. Accidents may occur while participating in these activities. These accidents may cause injury. A few examples of the type of accident which one is at risk of having occur while doing these activities are:

1. falling
2. sprained ankle / wrist / fingers
3. bruises / scrapes
4. frostbite

These accidents result from the nature of the activity and can occur without any fault on either part of the student, or the school Board or its employees or agents, or the facility where the event is taking place. By choosing to participate in the activity, you are assuming the risk of an accident occurring. The chance of an accident occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in *Winter Camp* you must understand that you will bear the responsibility for any accident that might occur. The Hanover School Division does not provide an accidental death, disability, dismemberment or medical expenses insurance on behalf of the students participating in this activity.

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### ACKNOWLEDGEMENT:

We have read the above; we understand that in participating in *Winter Camp February 2017*, we are assuming the risks associated with doing so.

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

### PERMISSION

I give \_\_\_\_\_ permission to participate in *Winter Camp February 2017* at Cedarwood Camp.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_